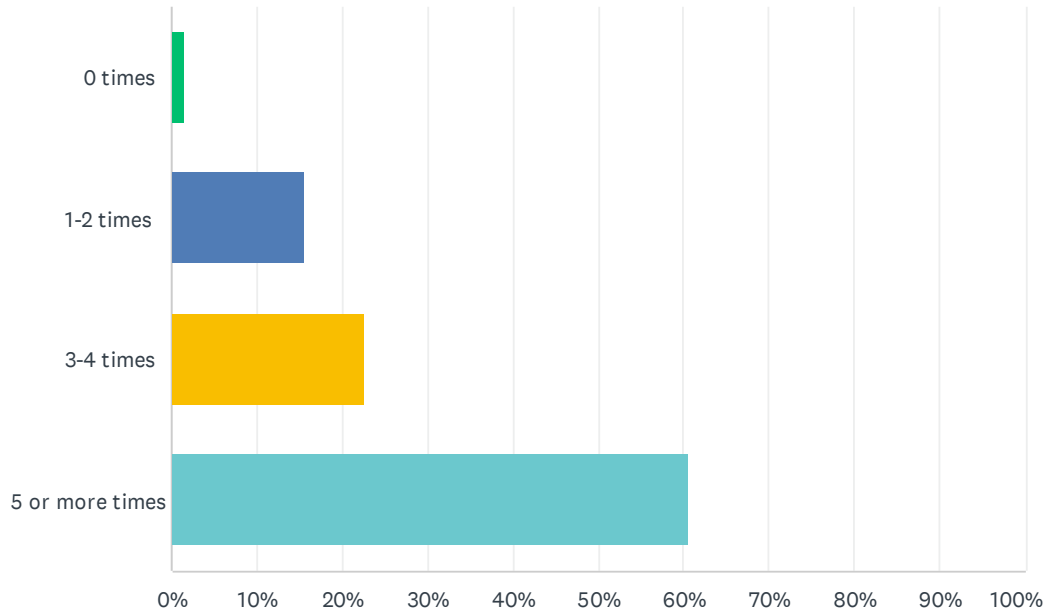


Q1 How often in the past 6 months have you as a leader felt extremely overwhelmed or experienced burnout related to your role?

Answered: 71 Skipped: 0



ANSWER CHOICES	RESPONSES	
0 times	1.41%	1
1-2 times	15.49%	11
3-4 times	22.54%	16
5 or more times	60.56%	43
TOTAL		71

#	COMMENTS AND SUGGESTIONS ON FEELING OVERWHELMED OR BURNOUT	DATE
1	Just about every week I have this feeling.	1/13/2023 2:24 PM
2	To be honest in the field of healthcare since covid, I think we all have felt a little more of this than we used to, but I feel like it is starting to get better. I still love my job and working for Mercy..	1/13/2023 12:51 PM
3	felt overwhelmed a few times but burnout, never!	1/13/2023 11:01 AM
4	Most of this is caused by federal regulations that sound good on paper but are almost overwhelming to try to implement. Simple reason-people that write the rules do not work in the medical profession.	1/13/2023 9:43 AM
5	Burnout more than overwhelmed	1/13/2023 9:05 AM
6	More often related to lack of staff recruitment and retention, which leaves your remaining staff overwhelmed.	1/13/2023 8:50 AM
7	I feel that it takes more than just my 40-hour work week to keep up with all that I am expected to do. This means that I work 50-60 hours (sometimes more) instead. I enjoy what I do but am	1/13/2023 8:18 AM

FRIDAY FOCUS 01/13/2023

not sure I can continue this long term if it means I consistently have to give 10-20 hours per week extra that I do not get compensated for and miss that time with my family. Need a better work life balance to be able to refill my cup so I am able to be the leader I need to be.

8	I feel overwhelmed fairly regularly, but don't feel like I'm experiencing burnout.	1/13/2023 8:17 AM
9	Actually, I feel like I am at a breaking point and not sure how much more I can do this.	1/13/2023 8:10 AM
10	I have contemplated quitting several times. The workforce and the pool of talent have different ideas of work ethic and what being busy means.	1/13/2023 8:03 AM
11	Our job seems to get harder and harder. And our hands seem to be tied.	1/13/2023 7:51 AM
12	Too heavy workload to allow work/life balance.	1/13/2023 7:48 AM